REPORT OF THE COUNCIL ON MEDICAL SERVICE

CMS Report 3-A-13

Subject: Payment Variations Across Outpatient Sites of Service

(Resolution 118-A-12; Substitute Resolution 112-A-12)

Presented by: Donna E. Sweet, MD, Chair

Referred to: Reference Committee A

(Jerry L. Halverson, MD, Chair)

At the 2012 Annual Meeting, the House of Delegates referred Resolution 118, which was introduced by the Pennsylvania Delegation and assigned to the Council on Medical Service for a report back to the House of Delegates at the 2013 Annual Meeting. At the same meeting, the House of Delegates referred the second and third resolve of Substitute Resolution 112, which was introduced by the Florida Delegation. The first resolve of Substitute Resolution 112-A-12 was referred for decision. Subsequently, the Board of Trustees deferred policymaking on this issue to the Council so the first resolve of the resolution could be addressed as part of this report.

Substitute Resolution 112-A-12 asked:

That our American Medical Association (AMA) seek legislation that requires third party payers to allow their plans' qualified physicians to perform outpatient procedures at the appropriate site of service (hospital outpatient department, ambulatory surgical center, or office-based facility), chosen by the physician and his or her patient; and

That our AMA seek legislation requiring third party payers to require equal or lower facility copayments for the lower cost alternative sites of service (hospital outpatient department, ambulatory surgical center, or office-based facility) for the delivery of outpatient procedures; and

That our AMA draft model state legislation to require third party payers to permit physicians and patients to choose the appropriate site of service at which to perform outpatient procedures, and to require equal or lower facility copayments for the lower cost alternative sites of service (hospital outpatient department, ambulatory surgical center, or office-based facility).

Resolution 118-A-12 asked:

That our AMA advocate with Medicare, and all payers, that they pay similar amounts for similar services across all ambulatory care settings.

This report provides background on the disparity in payments and patient cost-sharing for procedures performed across outpatient sites of service under the Medicare program, which many private payers use as a template for their own payment systems. The report focuses on payment and cost-sharing variations within the framework of optimizing patient care; highlights ambulatory

surgical centers, which were the focus of the original Resolution 112-A-12; summarizes relevant AMA policy; and presents policy recommendations.

BACKGROUND

Many surgical procedures can be safely performed in physician offices, ambulatory surgical centers (ASCs) and hospital outpatient departments (HOPDs) with no discernible effect on patient care or outcomes. Yet, the Medicare program and private insurers frequently pay substantially disparate rates and impose different patient cost-sharing amounts for the same service, depending on where it is performed. As shown in Table 1, these variations stem from the use of separate payment methodologies to determine payments to physician offices, ASCs and HOPDs. Payment systems for each setting also are subject to different annual Medicare rate updates, which further exacerbate existing payment disparities and can lead to substantially higher costs for services performed in certain settings.

Medicare payment rates for services provided in the physician practice setting are based on the physician fee schedule. When services are provided in HOPDs or ASCs, it is assumed that practice expenses incurred in a physician's office are instead picked up by the facility. The practice expense component of the physician payment is therefore reduced and a separate "facility fee" is made to the hospital through the Outpatient Prospective Payment System (OPPS). Surgeries performed in ASCs are paid at a percentage of the OPPS rate (in 2013, ASCs are paid approximately 56 percent of the OPPS rate¹). Services paid under the OPPS and the ASC payment systems are classified into several hundred Ambulatory Payment Classifications based on clinical and cost similarities.

Medicare payment rates for ASCs and HOPDs are a product of a procedure's relative weight and a conversion factor. ASC conversion factor updates are based on the consumer price index for all urban consumers (CPI-U), while OPPS updates are based on the hospital market basket. These differences typically result in higher Medicare payments for services provided in the hospital outpatient setting.

Table 1: Medicare Payment Systems for Physician Offices, Hospital Outpatient Departments, and Ambulatory Surgical Centers^{2, 3, 4}

Facility	Physician	Hospital Outpatient	Ambulatory Surgical Center
	Office	Department	
Payment System	Physician Fee	Physician Fee Schedule	Physician Fee Schedule (Facility
	Schedule (Non-	(Facility Rate) plus	Rate) plus ASC payment tied to
	Facility Rate)	OPPS rate	OPPS weights
Basis for	SGR	Hospital market basket	Consumer price index for all
Conversion			urban consumers (CPI-U)
Factor Updates			
2013 Conversion	\$34.0230	\$71.537	\$43.190
Factor			
2013 Payment	0 percent	1.8 percent	0.6 percent
Update			

30 Reductions in fee-for-service payments for certain outpatient procedures provided in physician

- offices, as well as growth in the number of hospital-employed physicians, have likely contributed
- 32 to increases in the provision of certain services in HOPDs, even though the procedures can be
- 33 safely performed in lower-cost settings.

- 1 Extensive and ongoing discussions have been held by the Medicare Payment Advisory
- 2 Commission (MedPAC) and other stakeholders to determine whether sites of service for certain
- 3 outpatient procedures are determined to some degree by financial incentives. Hospital acquisitions
- 4 of freestanding ASCs and physician practices are also a concern when hospitals bill for services
- 5 provided at acquired practices as if they are outpatient departments and thus eligible for higher
- 6 payments. Payment variations within the Medicare program continue to be scrutinized as Congress
- looks for ways to rein in health care spending without negatively impacting patient care. Table 2
- 8 highlights Medicare payments for five common procedures performed across outpatient settings.

Table 2: Comparison of 2013 Medicare Payments for Procedures Performed in Physician Offices, Ambulatory Surgical Centers and Hospital Outpatient Departments^{5, 6, 7}

CPT	Short Descriptor	Physician Office	Total ASC	Total OPPS
Code		Payment (PFS	Payment (ASC	Payment (OPPS
		Non-Facility)	+ PFS Facility)	+ PFS Facility)
20610	Drain/Inject Joint/Bursa	\$60.56	\$75.53	\$228.54
43239	Upper GI endoscopy biopsy	\$359.28	\$524.37	\$797.99
45378	Diagnostic Colonoscopy	\$410.66	\$608.39	\$911.79
69210	Remove impacted ear wax	\$53.08	\$60.51	\$82.30
99213	Office/Outpatient Visit	\$72.81	\$72.81*	\$123.35
	Established Patient			

^{*}Physician is paid at the PFS non-facility rate. There is no separate facility payment for E/M services performed in an ASC.

AMBULATORY SURGICAL CENTERS

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ASCs provide outpatient surgical procedures exclusively to patients who do not require overnight hospital stays. These entities can be freestanding or hospital-based, and most have at least one physician owner. The most commonly performed procedures in the ASC setting include cataract removal, upper gastrointestinal endoscopy and colonoscopy.

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19 20 Medicare revised ASC payment policy in 2008 to expand the number of covered procedures and reimburse facility-related costs (e.g., nursing, recovery, lab testing, and drugs) based on a percentage of the OPPS rate. ⁸ Despite these revisions, Medicare payments remain lower for most, but not all, procedures performed in ASCs when compared to HOPDs. Patient characteristics could account for some of this variability since HOPDs have emergency and standby capacity and are better suited to treat medically complex patients. HOPDs also serve more Medicaid patients and may be the only available facility in areas where ASCs have little or no market share.

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In 2011, 3.4 million Medicare beneficiaries received services in 5,344 ASCs at a cost of \$3.4 billion. These amounts represent a deceleration in growth from earlier years when ASCs experienced more robust expansion. Since October 2012, ASCs have been required to submit quality of care data to CMS. MedPAC has also recommended a value-based purchasing program for ASCs; however, Congress has not yet required ASCs to submit cost data. 10

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PRIVATE PAYERS AND BENEFICIARY COST-SHARING

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- 32 Private insurers vary with respect to payments and cost-sharing across outpatient sites of service.
- 33 Many follow the Medicare program and pay higher facility fees for procedures performed in
- 34 HOPDs.

Some incentivize using ASCs for appropriate surgical procedures as a way to lower costs. Less frequently, private payers use coverage policies to steer patients toward HOPDs with whom they may have contractual arrangements. Insurers can also decline to cover certain facilities, including ASCs, or consider them out-of-network, regardless of cost or the quality of patient care.

Patient cost-sharing also varies depending on the insurer and its coverage policies regarding outpatient sites of service. Private payers may use tiered cost-sharing to encourage patients to use lower-cost settings. Patients may not understand the dollar amount of cost-sharing they will incur for procedures performed in a particular setting. Furthermore, it is unlikely that patients or the public at large are fully aware of the disparities in health care costs between procedures performed in physician offices, ASCs and HOPDs.

 Medicare beneficiaries typically pay 20 percent coinsurance for outpatient procedures but can pay significantly more than 20 percent for some services in the HOPD. The total amount of coinsurance paid for HOPD services cannot surpass that year's inpatient prospective payment system deductible. There are no limits on beneficiary coinsurance for procedures performed in an ASC. Since most Medicare beneficiaries use supplemental coverage for cost-sharing expenses, there is little incentive for patients to choose outpatient settings that offer lower out-of-pocket liability.

RELEVANT AMA POLICY

The AMA has extensive policy addressing payment variations across outpatient sites of service. Policy H-330.925 encourages CMS to: fairly pay physicians for office-based procedures; adopt a single facility payment schedule for HOPDs and ASCs; and use valid and reliable data in the development of payment methodology for the provision of ambulatory services. The same policy directs the AMA to lobby for any needed changes to regulations affecting payments to ASCs to assure a fair rate of payment. AMA policy also supports encouraging CMS to adopt payment methodology that will assist in leveling the playing field across all sites of service (Policy D-330.997), and shifting procedures from the hospital to the office setting, which is more cost effective (Policy H-400.957). Policy H-240.993 further supports equity of payment between services provided in the HOPD and similar services in physicians' offices.

With regard to private payers, AMA policy supports balanced third party coverage of alternative services and settings, and opposes payment policies that discourage provision of care in the most cost-effective setting (Policy H-385.992), and also calls for payment policies to encourage use of the most cost-effective care setting in which services can be provided safely with no detriment to quality (Policy H-285.951). The AMA also urges third party payers to include facility fee payments for procedures using more than local anesthesia in accredited office-based surgical facilities (Policy H-385.916), but not to discriminate between hospital and independently-owned outpatient facilities with respect to payment of "facility" costs (Policy H-240.979).

AMA policy acknowledges that health care plans or networks may develop and use criteria to determine the number, geographic distribution, and specialties of physicians needed (Policy H-285.984), but supports efforts that would prohibit health care plans with certain market power from denying physicians access to their networks (Policy H-285.992).

Additional policy supports patient choice of health care providers (Policies H-285.914; H-373.998; and H-415.988); physician decision-making on choice of service sites (Policies H-285.954 and H-475.994); and physician supervision of patient care in ambulatory settings (Policy H-70.991). Unfair copayments are addressed in Policy H-185.983, which condemns the practice of basing copayments on a basis other than third party payments.

Policy H-165.846 supports educating patients and assisting them in making informed choices, including ensuring transparency among all health plans regarding covered services, cost-sharing, out-of-pocket limits and lifetime benefit caps, and excluded services. Policy H-185.975 states that third party payers and self-insured plans should publish their payment policies, rules and fee schedules. Policy D-155,990 directs the AMA to actively oppose legislation or regulations that deem the physician the responsible party to inform patients of their health care costs. Transparency of health care costs and patient cost-sharing are also addressed by Policies H-185.985, H-285.998[5] and H-450.938.

DISCUSSION

The AMA has extensive policy calling for fair and equitable Medicare payments for procedures performed in various outpatient settings. Accordingly, the Council believes the AMA should reaffirm Policies H-330.925, H-240.993 and D-240.993, and focus new policy on private payers and patient cost-sharing.

Consistent with AMA Policy H-155.960, which promotes value-based decision making at all levels, payments, as well as coinsurance for outpatient procedures, should be tiered by site and level of service (office-based, ASC or HOPD) to create incentives for private payers and beneficiaries to choose lower-cost settings if they are safe and clinically appropriate. Accordingly, the Council believes the AMA should work with states to require third party payers to require equal or lower facility coinsurance for lower-cost sites of service.

 The Council discussed variations in payment and cost-sharing across outpatient sites of service as a means of addressing health care costs, and also within the framework of patient care and safety. The policy priority established by the Council is to ensure patients' access to services in the most clinically appropriate setting, depending on their needs and the severity of their conditions. Physicians are responsible for assessing patient comorbidities, the risks associated with specific outpatient procedures, and the level of outpatient care that is needed to ensure the best health outcomes. Therefore, the Council believes the AMA should work with states to advocate that third party payers be required to allow their plans' participating physicians to perform outpatient procedures at an appropriate site of service as chosen by the physician and the patient. Ideally, patients should be fully aware of their coinsurance obligations, and the Council recommends reaffirming Policy H-165.846, which supports mechanisms to educate patients and assist them in making informed choices. The Council also recommends that the AMA work with states to advocate that third party payers publish and routinely update pertinent information related to patient cost-sharing.

MedPAC and other stakeholders have discussed ways to create parity between payments for certain services across outpatient settings. While an HOPD is the appropriate setting for many outpatient procedures, particularly those involving medically complex patients, the recent migration of certain services into HOPDs from other ambulatory settings is garnering attention because of increased costs to the Medicare program. As stated previously, payment systems for each setting are subject to different annual Medicare updates which will lessen the impact of equalization efforts that do not address underlying payment methodologies.

 The Council also acknowledges the concerns raised by some physicians that attempts to equalize payments could actually reduce payments to all providers regardless of site of service. The cost impact on hospitals, particularly disproportionate share hospitals, could lead to barriers to patient access.

1 2	RECOMMENDATIONS						
3	The Council on Medical Service recommends that the following be adopted in lieu of Resolution						
4	118-A-12 and the second and third resolve of Substitute Resolution 112-A-12, and that the						
5	remainder of this report be filed:						
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7	1.		our American Medical Association (AMA) reaffirm Policies H-330.925, H-240.993				
8			D-330.997, which support equitable Medicare payments across outpatient settings.				
9		(Rea	ffirm HOD Policy)				
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11	2.		our AMA reaffirm Policy H-165.846, which supports mechanisms to educate patients				
12			assist them in making informed choices, including ensuring transparency among all				
13			th plans regarding covered services, cost-sharing, out-of-pocket limits and lifetime				
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15	2	Tl. 04	AMA moderate states to advise state that their director is according to				
16	3.	1 nat	our AMA work with states to advocate that third party payers be required to:				
17 18			Access agual on lawon facility acing young for lawon aget sites of compiles (hospital				
18		a.	Assess equal or lower facility coinsurance for lower-cost sites of service (hospital outpatient department, ambulatory surgical center, or office-based facility);				
20			outpatient department, amouratory surgical center, or office-based facility),				
21		b.	Publish and routinely update pertinent information related to patient cost-sharing; and				
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23		c.	Allow their plan's participating physicians to perform outpatient procedures at an				
24		٠.	appropriate site of service as chosen by the physician and the patient. (Directive to				
25			Take Action)				

Fiscal Note: Less than \$500.

References

Available at: http://www.medpac.gov/transcripts/ASC%20Jan%202013%20public.pdf

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 $A vailable\ at: \ \underline{http://www.cms.gov/apps/ama/license.asp?file=/ascpayment/downloads/CMS-1589-FC-ASC-addenda-FN13.zip.$

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¹ Analysis of Medicare's 2013 Payment Rule. Ambulatory Surgery Center Association. November 2, 2012.

² MedPAC Meeting Presentation. Assessing Payment Adequacy: Ambulatory Surgical Center Services. January 10, 2013. MedPAC.

³ March 2013 Report to the Congress: Medicare Payment Policy. March 2013. MedPAC. Available at: http://www.medpac.gov/documents/Mar13_EntireReport.pdf

⁴ Medicare and Medicaid Programs: Hospital Outpatient Prospective Payment and Ambulatory Surgical Center Payment Systems and Quality Reporting Programs; Electronic Reporting Pilot; Inpatient Rehabilitation Facilities Quality Reporting Program; Revision to Quality Improvement Organization Regulations; Final Rule. Department of Health and Human Services, Centers for Medicare & Medicaid Services. November 15, 2012.

⁵ RBRVS DataManager Online. American Medical Association. Available at: https://commerce.ama-assn.org/ocm/catalog/product.jsp?id=prod280002&event=view.

⁶ The CY2013 Ambulatory Surgical Center Payment Final Rule, Addendum AA – Final ASC Covered Surgical Procedures. 2013. Department of Health and Human Services. Centers for Medicare & Medicaid Services.

⁷ The CY2013 Hospital Outpatient Prospective Payment - Final Rule with Comment Period. Department of Health and Human Services. Centers for Medicare & Medicaid Services. Available on the CMS website at: http://cms.hhs.gov/Medicare/Medicare-Fee-for-Service-Payment/HospitalOutpatientPPS/Hospital-Outpatient-Regulations-and-Notices-Items/CMS-1589-FC.html.

⁸ Ambulatory Surgical Center Services Payment System. MedPAC. Revised October 2011.

⁹ MedPAC Meeting Presentation. Assessing Payment Adequacy: Ambulatory Surgical Center Services. January 10, 2013. MedPAC.

¹⁰ MedPAC Meeting Presentation. Assessing payment adequacy: physician, other health professional, and ambulatory surgical center services. December 6, 2012.